

The Kite Runner tells the story of Amir, a young boy from the Wazir Akbar Khan district of Kabul, whose closest friend is Hassan, his father's young Hazara servant. The story is set against a backdrop of tumultuous events, from the fall of Afghanistan's monarchy through the Soviet military intervention, the exodus of refugees to Pakistan and the United States, and the rise of the Taliban regime.

Hosseini has commented that he considers The Kite Runner to be a father–son story, emphasizing the familial aspects of the narrative.

Themes of guilt and redemption feature prominently in the novel, with a pivotal scene depicting an act of violence against Hassan that Amir fails to prevent. The latter half of the book centers on Amir's attempts to atone for this transgression by rescuing Hassan's son over two decades later.