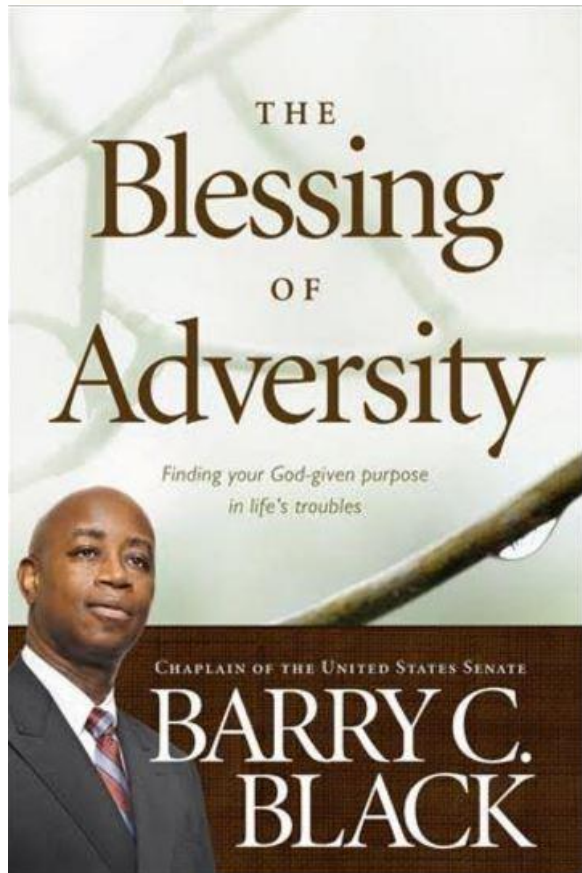


Most people see trouble as something negative and seek to avoid it whenever possible. But what if it's those troubles that actually lead to greater blessing and



purpose? In *The Blessing of Adversity*, a retired U.S. Navy admiral and the 62nd chaplain of the U.S. Senate distills the wisdom gained from thirty years as a counselor, theologian, and psychologist. Barry Black offers a blueprint for removing the sting of life's trials, showing us how to let God use our pain for his glory by blessing others—and how that can actually help heal our own pain.